



# SEPTEMBER 2023

## Cherry Valley-Springfield Central School

Our (CEP) Community Eligibility Program entitles every student to a free breakfast and lunch every school day

Monday

Tuesday

Wednesday

Thursday

Friday

MY SCHOOL BUCKS  
PAY FOR MEALS ONLINE  
MySchoolBucks.com



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15

22

29

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28

All Beef Hot Dog  
Whole Grain Bun  
Sweet Corn, Red Potatoes  
Fresh Fruit, Milk

Marinated Grilled Chicken  
Whole Grain Bun  
Romaine Salad w/ tomatoes,  
cucumber, red onion  
Fresh Fruit, Milk

Ham & Cheese Subs  
Whole Grain Pretzel Rolls  
Broccoli Salad  
Watermelon, Milk

Turkey Club Wrap w/bacon  
Whole Grain Tortilla  
Veggies w/ hummus  
Fresh Fruit, Milk

Boneless Chicken Wings  
Assorted dipping sauces  
Baby Carrots, Red Pepper  
strips  
Fresh Fruit, Milk

Burger/Cheeseburger  
Whole Grain Bun  
Lettuce, Tomato, Onion, Pickle  
Sweet Corn  
Fresh Fruit, Milk

Homemade Cheese Pizza  
Whole Grain Crust  
Cucumber Salad  
Apples, Milk

Chef Salad w/ Romaine,  
Ham, Turkey, HB Egg,  
Cheese, Cucumber, Tomato  
Whole Grain Roll  
Fresh Fruit, Milk

Pulled Pork Nachos w/  
cheese, sour cream, salsa  
Black Beans, Shredded Lettuce  
Fresh Fruit, Milk

Chicken, Bacon, Ranch Wrap  
w/Cheese  
Whole Grain Tortilla  
Coleslaw  
Fresh Fruit, Milk

Cheesy Breadsticks w/  
marinara  
Baby Carrot & Rainbow  
Pepper Strips w/ dip  
Fresh Fruit, Milk

Brunch for Lunch  
Whole Grain Waffle  
Real Maple Syrup  
Potatoes, Sausage Links  
Fresh Fruit, Milk

State Fair Corn Dogs  
Curly Fries  
Apples, Milk

Cheese & Chicken  
Quesadillas  
Whole Grain Tortilla  
Fiesta Black Beans in Brown  
Rice, Salsa, Sour Cream  
Fresh Fruit, Milk

Del Day  
Ham or Turkey Subs  
Whole Grain Roll  
Tomato Soup, Carrot Sticks  
Fresh Fruit, Milk

Burger/Cheeseburger  
Whole Grain Bun  
Lettuce, Tomato, Onion, Pickle  
Pickled Beets, Cucumber Salad  
Fresh Fruit, Milk

Homemade Cheese Pizza  
Whole Grain Crust  
Romaine Salad  
Fresh Fruit, Milk

Our school is participating in the NYS Farm to School Initiative.

A majority of our fruits and vegetables are coming from local farms, such as Limespring Farm and Dream Weaver Farms.